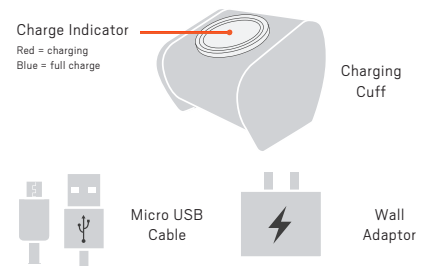
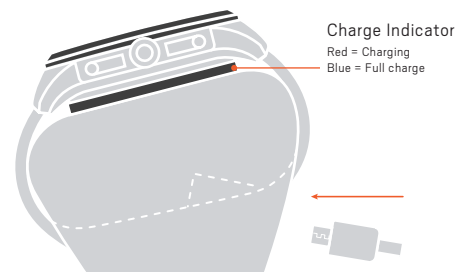

Contents

This package contains a charging cuff, micro USB cable, and wall adapter. See further instructions for use.



Charge

Insert the micro USB cable into connection on bottom of charging cuff. Plug into power outlet.



Support

For full user's guide, sizing, tutorials and helpful tips, visit www.fossil.com/Q

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Horbürgstrasse 105, 4057 Basel
Schweiz/Suisse/Svizzera

Regulatory and Safety Notices:

WARNING! This product contains chemicals known to the State of California to cause cancer and reproductive toxicity.

FCC STATEMENT (USA)

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio or television technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

WARNING! Exposure to Radio Frequency Radiation The radiated output power of this device is below the FCC and Industry Canada radio frequency exposure limits.

FCC requires the user to be notified that any changes or modifications made to this device that are not expressly approved by manufacture, may void the user's authority to use the device

ICES-003 (CANADA)

This digital apparatus does not exceed the Class B limits for radio noise emissions from digital apparatus set out in the interference-causing equipment standard entitled: "Digital Apparatus," ICES-003 of the Canadian Department of Communications.

Cet appareil numérique respecte les limites bruits radioélectriques applicables aux appareils numériques de Classe B prescrites dans la norme sur le matériel brouilleur: "Appareils Numériques", NMB-003 édictée par le Ministre Canadien des Communications.

This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.



EUROPE (CE DECLARATION OF CONFORMITY)

This product complies with the Low Voltage Directive 2006/95/EC; EMC Directive 2004/108/EC, EU Directive R&TTE Directive 1999/5/EC, and RoHS Directive 2011/65/EU. Point of contact: Fossil Europe B.V., Attn: Terborgseweg 138, 7005 BD Doetinchem The Netherlands



DISPOSAL AND RECYCLING INFORMATION

The symbol indicates that this Product shall not be mixed with unsorted municipal waste when disposed of. There is a separate collection system for waste electrical and electronic equipment. Usually old electrical and electronic equipment can be returned free of charge. For further information please contact the competent municipal authorities or the shop where you purchased the Product. Correct disposal ensures that waste electrical and electronic equipment is recycled and reused appropriately. It helps avoid potential damage for the environment and human health and to preserve natural resources.

Do not dispose of the Product with household waste.

Batteries are not to be disposed of in municipal waste stream and require separate collection.

Disposal of the packaging and your Product should be done in accordance with local regulations.

CHARGING DOCK OPERATION

The charging dock is designed for tabletop use. To be compliant with RF exposure guidelines and to avoid interference with implanted medical devices, maintain a distance of at least 15 centimeters (approximately 6 inches) from the charging dock.

Important Safety Instructions

- Read these instructions.
- Keep these instructions.
- Heed all warnings.
- Follow all instructions.
- Do not attempt to open, disassemble or tamper with the Product. Substances contained in this Product and/or its battery may damage the environment and/or human health if handled and disposed of improperly.
- Do not use the Product in circumstances that could cause a dangerous situation, such as using the Product while operating heavy machinery or driving a moving vehicle in a manner that might cause you to take your eyes off the road or become so absorbed in the activity that your ability to concentrate on the act of driving becomes impaired.
- Always unplug the charger first before cleaning the Product.
- Do not use abrasive cleaners to clean your Product.
- Do not place your Product in a dishwasher, washing machine, microwave oven, oven or dryer.
- Do not expose your Product to extremely high or low temperatures.
- Do not use your Product in a sauna or steam room.
- Do not expose your Product to water at high pressure, such as ocean waves or a waterfall.
- Do not leave your Product in direct sunlight for an extended period of time.
- Do not leave or use your Product near open flames.
- Never allow children to play with the product; the small components may be a choking hazard!
- The Product is not intended for use where the failure of the Product could lead to death, personal injury, or severe environmental damage.